

QUALI *Maternity*

For advanced pregnancy care

Did you know two out of three women suffer pain in the lower back and hips in the last trimester of their pregnancy - and the pain can continue up till three months after delivery?

WHAT CAUSES BACK PAIN?

During pregnancy your abdominal muscles stretch to accommodate your growing baby in the expanding womb.

The over-stretching causes loss of the normal ability to maintain your body posture and support.

The result is your lower back is exposed to the extra weight of your baby.

WHAT CAUSES HIP PAIN?

The concentration of the hormone relaxin increases 10 times during pregnancy to get your hip joints to "relax" to give room for your baby to pass.

Relaxin can affect other joints of your body which can cause inflammation and pain.

PREVENTION IS BETTER THAN CURE



PREVENT BACK AND HIP PAIN

You can take a few simple steps to ease or prevent these symptoms:

- Maximize breathing practices and strengthen your abdominal wall through exercises
- Minimize those activities that cause stress on your lower back and hips
- Assist your abdominal muscles and support your hips by using an efficient maternity support belt.

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The QualiMaternity support belt is made of a latex-free, vented, special defined, elastic material which gives you great support without being restrictive.

QualiMaternity supports and lifts your belly to:

- Protect the abdominal muscles and ligaments from over-stretching
- Possibly prevent or decrease stretch-marks
- Reduce pressure on bladder and potential incontinence
- Improve blood circulation and possibly prevent varicosities and swelling of your legs

QualiMaternity relieves your back pain to:

- Improve your posture and comfort
- Give you greater comfort during exercise

QualiMaternity supports your hips to:

- Prevent pelvic instability and painful separation of the pubic joint

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Use QualiMaternity discreetly under your clothes directly on your skin - no need to remove it when using the restroom.

The wide-ranging, adjustable Velcro® closure makes it easy to achieve a perfect fit for your personal comfort.

BEFORE YOUR BABY IS BORN:

Use QualiMaternity during the second and third trimester of your pregnancy.

You can choose between a 10 or 16 cm height of the belt. If you have a short mid-riff, use the QualiMaternity with a 10 cm height.

AFTER YOUR BABY IS BORN:

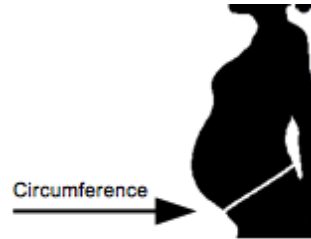
Reclaim your figure fast - use QualiMaternity as an effective post-partum support belt. You would most likely want the belt with a 16 cm height.

NOTE:

If you have had a Caesarian, we recommend to use the QUALIBELLY abdominal binder (Code QBY-20) with a material height of 20 cm (contact us for more details about the QUALIBELLY product).

Sizing chart and codes

Order Code:	QualiMaternity Belt size and color	Circumference: cm / inch
QM-10-S	Height 10 cm. Adjustable length GREEN	55 – 85 cm 21.7" - 33.5"
QM-16-S	Height 16 cm. Adjustable length BLUE	55 – 85 cm 21.7" - 33.5"
QM-10-XL	Height 10 cm. Adjustable length GREEN	85 – 115 cm 33.5" - 45.3"
QM-16-XL	Height 16 cm. Adjustable Length BLUE	85 – 115 cm 33.5" - 45.3"



To order call
+39 0125 54 691
or Email: info@qualiteam.com
or buy online at www.qualiteam.com

Made In Italy



Products to advance recovery



“The QualiMaternity belt keeps me so much more comfortable and relieves my back pain”